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Faculty of Psychology

Colloquium lecture by Prof. Dr. Melanie Fischer

Psychopathology in a relationship context: Couple-based treatments and translational research

Psychopathology does not exist in a vacuum – instead, close relationships can influence the course and treatment of many psychological disorders. Couple interaction processes and partner responses to a psychological disorder can inadvertently contribute to the maintenance of symptoms. At the same time, couple relationships have the potential to serve as a major resource in recovery, particularly if treatments intervene on relevant interpersonal maintenance factors. This talk will highlight the rationale and evidence base for psychological treatments that systematically involve partners from a cognitive-behavioral perspective and will discuss how basic research on relevant relationship processes can continue to inform our understanding of how psychopathology is maintained and treated.

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This lecture will be streamed.
Thursday, December 5, 2024; 3pm

