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Faculty of Psychology

Colloquium lecture by Dr. Josianne Kollmann

Psychology for planetary health: Mitigation and adaptation on the individual and societal level

Anthropogenic disruptions to the Earth's natural system not only destroy the environment but deprive humans and all other life on Earth of the basis of life. The acknowledgement of the interplay between human degradation of the environment and the health of humans and all other species is called 'Planetary Health'. Psychology has much to offer to protect and improve planetary health, particularly when adopting this integrated perspective by combining research agendas, theories, and methods from health and environmental psychology.

In my talk, I will give an overview of how synergies between the two psychological subdisciplines can be used to improve planetary health. I will further discuss examples of mitigation and adaptation strategies that focus not only on the individual level but also on the societal level, as systemic possibilities and boundaries strongly influence individual behaviour. These examples will include research in the context of infectious diseases, microplastics pollution as well as sustainable policies and technologies related to water infrastructure.

Dr. Josianne Kollmann

EAWAG

This lecture takes place at Liebiggasse 5, 1010

Vienna,

Lecture Hall G 2nd floor and will be streamed.

Thursday, 3 April 2025; 3pm

